

# How to get in touch

To find out more about the range of services we offer and how we can help you, visit [hearingdogs.org.uk/helpingyou](http://hearingdogs.org.uk/helpingyou)

Alternatively, you can contact us by:

Telephone: 01844 348111

Text relay: 18001 01844 348111 (for deaf and hard of hearing)

Email: [applications@hearingdogs.org.uk](mailto:applications@hearingdogs.org.uk)



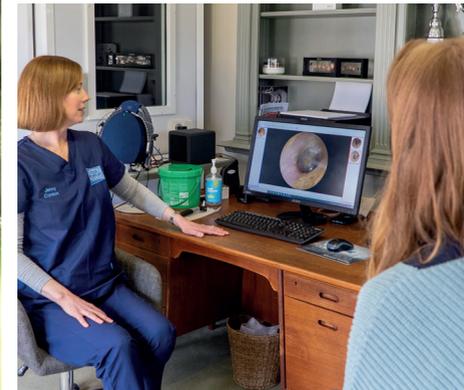
## Do you have difficulty with your hearing?



"The information will help clarify my thinking before an appointment and be more proactive during it, and unafraid to make my views heard." - Helpful Hours attendee



"Group support made me start to believe in myself again. I feel empowered and more positive. It has changed my life for the better – it can do the same for you." – Kathryn



**Hearing Dogs for Deaf People**  
The Grange, Wycombe Road, Saunderton,  
Princes Risborough, HP27 9NS



[hearingdogs.org.uk](http://hearingdogs.org.uk)

T: 01844 348100

E: [info@hearingdogs.org.uk](mailto:info@hearingdogs.org.uk)

## We can help

If you have difficulties with your hearing, or know someone who does, we're here to help. We have years of experience in finding personalised solutions to make your life easier.

# How we can help

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We understand the impact hearing problems can have on your life. Whether you need help with certain listening situations, feel isolated or alone, need general advice on what support is available – or just need someone to talk to – we're here to help.

Please contact us and we will work with you to establish exactly what your needs are and what kind of tailored solution would work best for you and your lifestyle.

**Here are some of the services we offer:**



## Online resources

Through our website, we provide extensive information about hearing loss, meaningful ways to connect to others and access to our hearing support services.

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## Helpdesk

Our responsive online Helpdesk offers information, guidance, and support to help you take the next step whether you, a family member or friend are experiencing hearing loss.



*"The words of the lady I spoke to on the Helpdesk changed my life, encouraging me to embrace and overcome the challenges of deafness. You don't have to face it alone." – Mel*

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## Support groups

Our free groups, held in-person, are a chance to share solutions and explore technology to help manage the challenges of hearing loss.

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## Community outreach

Our volunteer network and staff work in communities to support your hearing. We host sessions and attend events to offer practical and emotional advice.

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## Hearing dogs

We train hearing dogs that help deaf people by alerting them to life-saving sounds, like the smoke alarm, and providing companionship and emotional support.



*"I felt so lonely and lacking in confidence before Bella came along. She has dramatically changed my life and allowed me to reconnect with the world, by alerting me to important and life-saving sounds and providing constant companionship and emotional support." – Geraldine with hearing dog Bella*

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## Online shop

Our online shop offers visible and discreet solutions for alerting others to your hearing level. Items include badges, cards, technology, and hearing aid batteries.

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## Helpful Hours

Free 60-minute sessions offering advice on topics important to people with hearing loss. Take part in a webinar, online support group or in-person at a community event.

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